

10/259,289

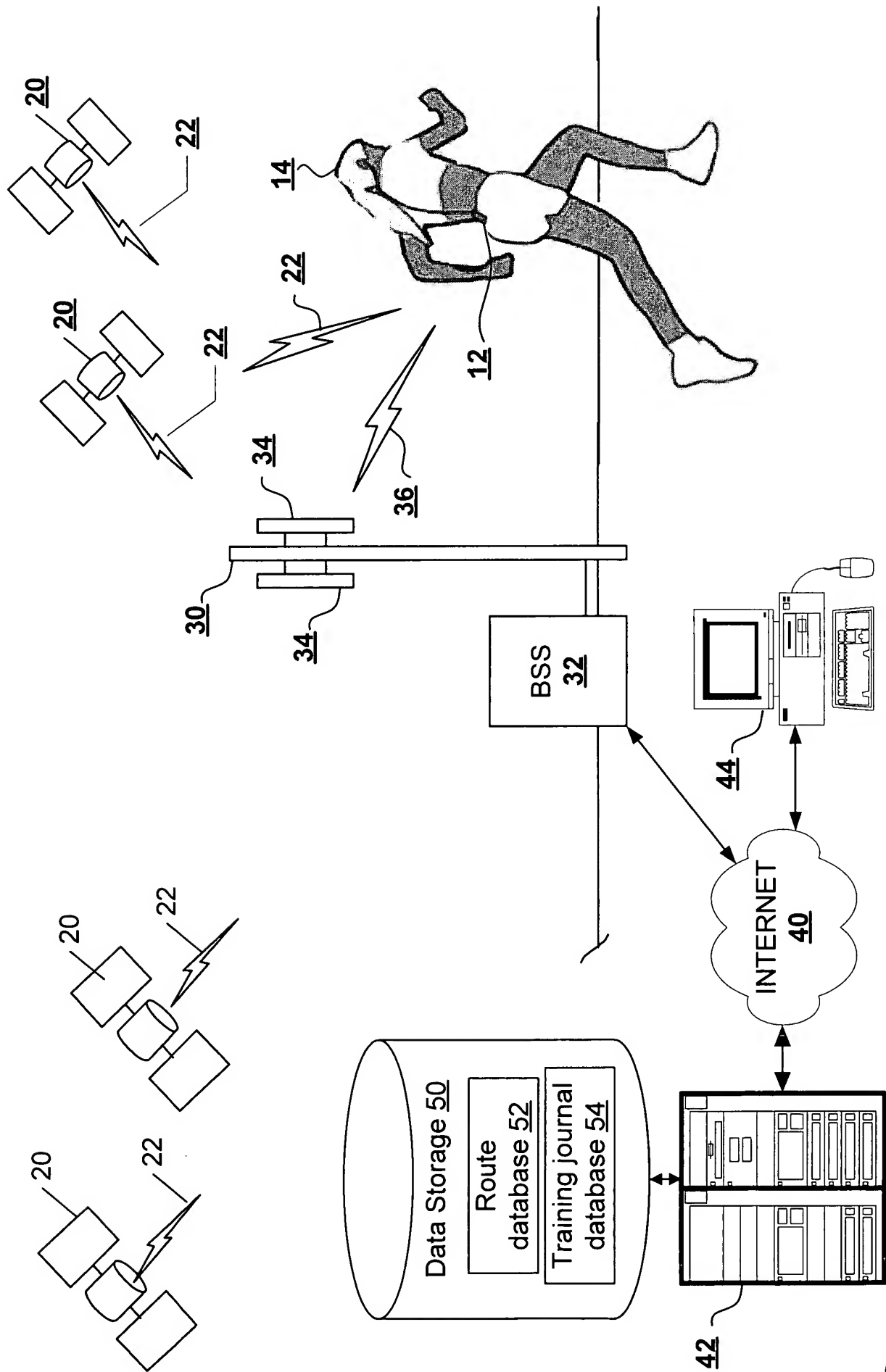


Figure 1



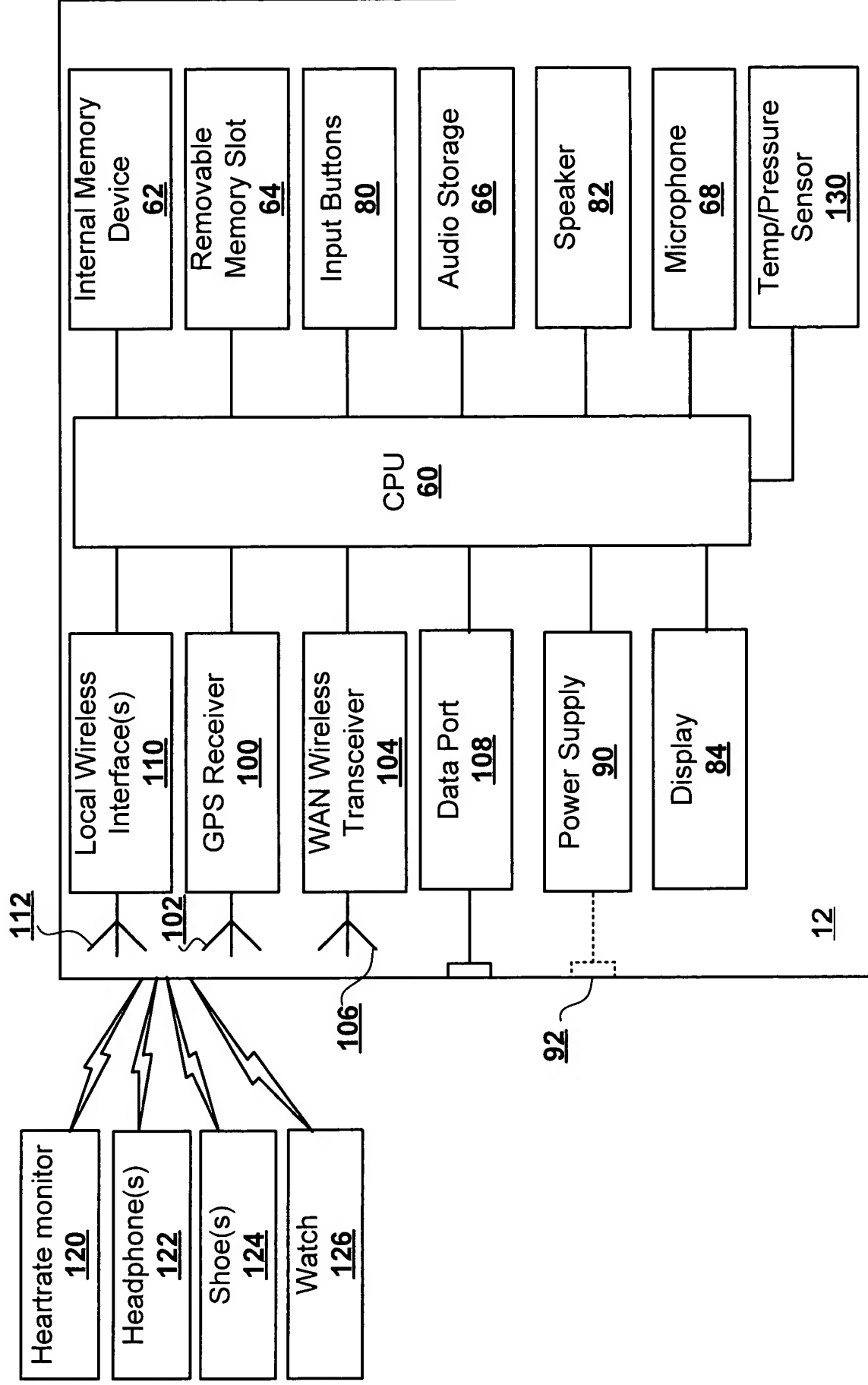


Figure 2A

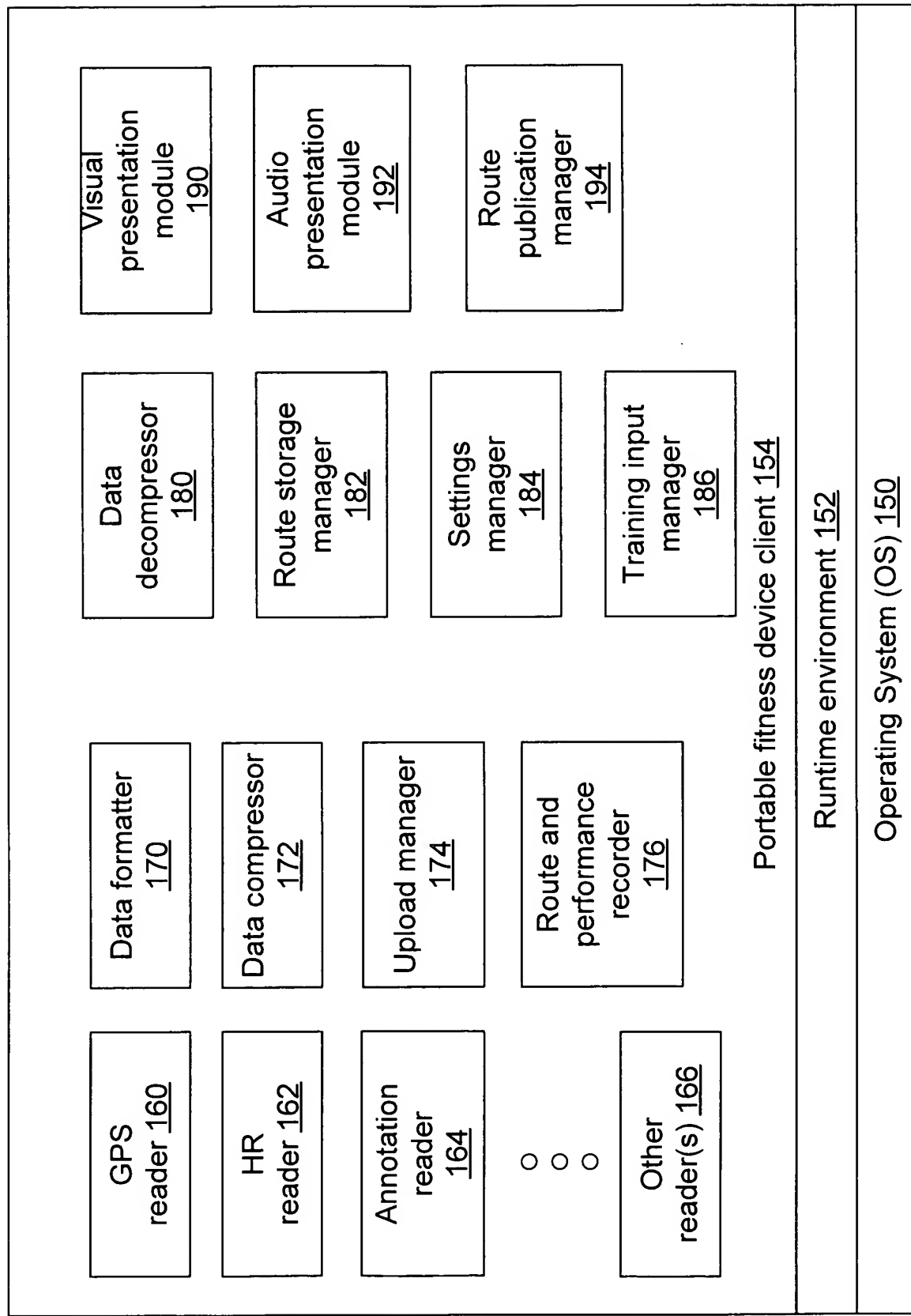


Figure 2B

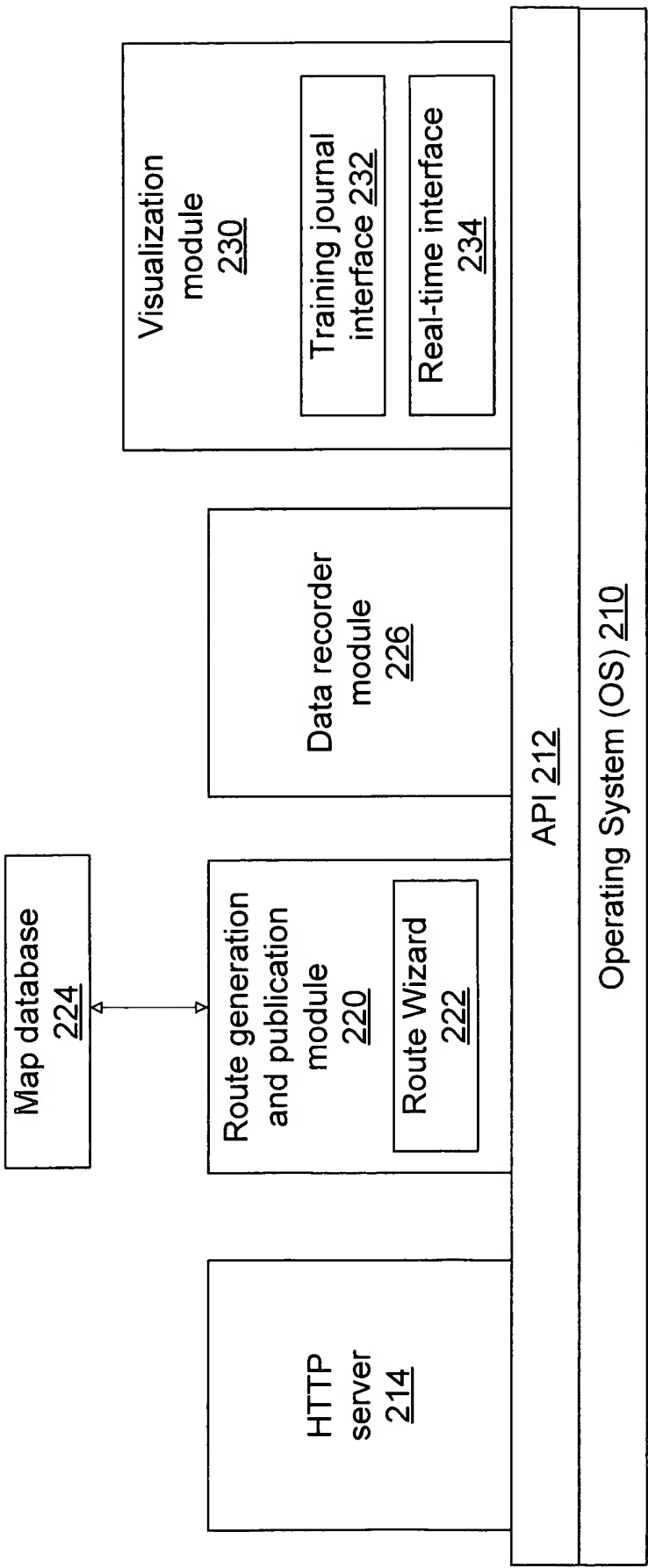


Figure 3

10755289

250

Route Wizard

What do you want to do?

258a Build new route 252

258b Search for existing route 254

258c Use training plan 256

262

Next > 260

Figure 4A

Route Wizard - Build New Route

1. Enter starting point

☒ Number and street

ZIP code

☐ Use starting point of previous route

2. Enter route length

☒ Route Distance ☒ Miles ☐ Kilometers

☐ Time Avg. Pace ☒ Use Historical Avg.

3. Route attributes (optional)

Max. Distance from start ☒ Miles ☐ Kilometers

Elevation ☒ Flat ☐ Serpentine ☒ Perimeter ☐ Don't care

Pattern ☐ Straight ☒ Serpentine ☒ Perimeter ☐ Don't care

Safety ☒ Avoid High Risk Areas ☐ Don't care

Flow ☒ Avoid Traffic Lights ☐ Don't care

Include existing routes? ☒ Yes ☐ No ☐ Don't care

Next >

270

272

274

262

276

280

Figure 4B

Route location:

ZIP code

City

302

262

Route attributes:

Distance

☒ 1-3 Miles ☐ 3-7 Miles ☐ 7-10 Miles ☐ 10+ Miles ☐ All

Elevation

OR

Don't care

Pattern

Pattern ☐ Straight ☐ Serpentine ☒ Perimeter ☐ Don't care

Safety

☒ Avoid High Risk Areas ☐ Don't care

Flow

☒ Avoid Traffic Lights

☐ Don't care

Amenities

Category	Score
Public restrooms	100%
Water	100%
Food	100%

308

Next >

Figure 4C

10/59,289

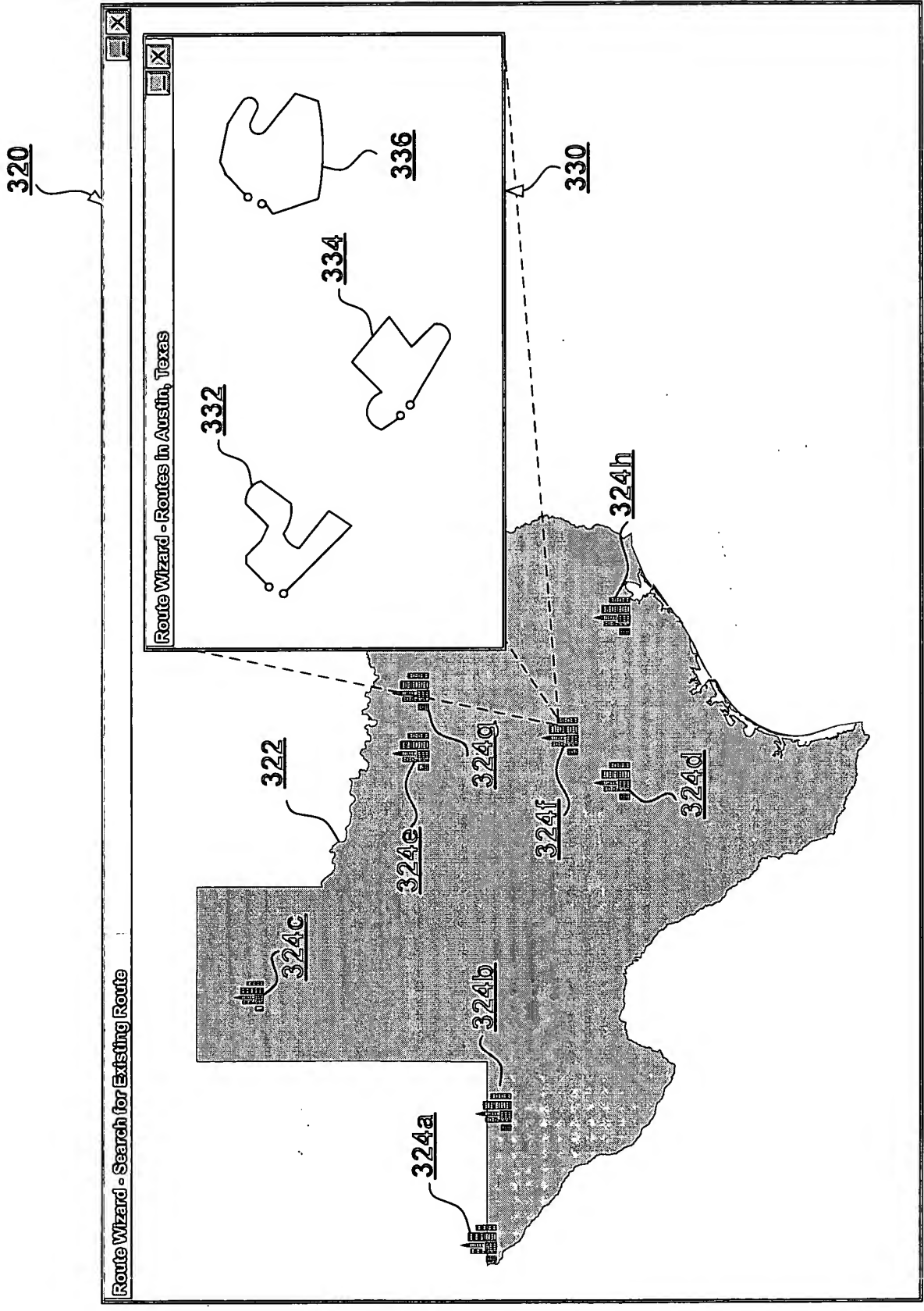


Figure 4D

350

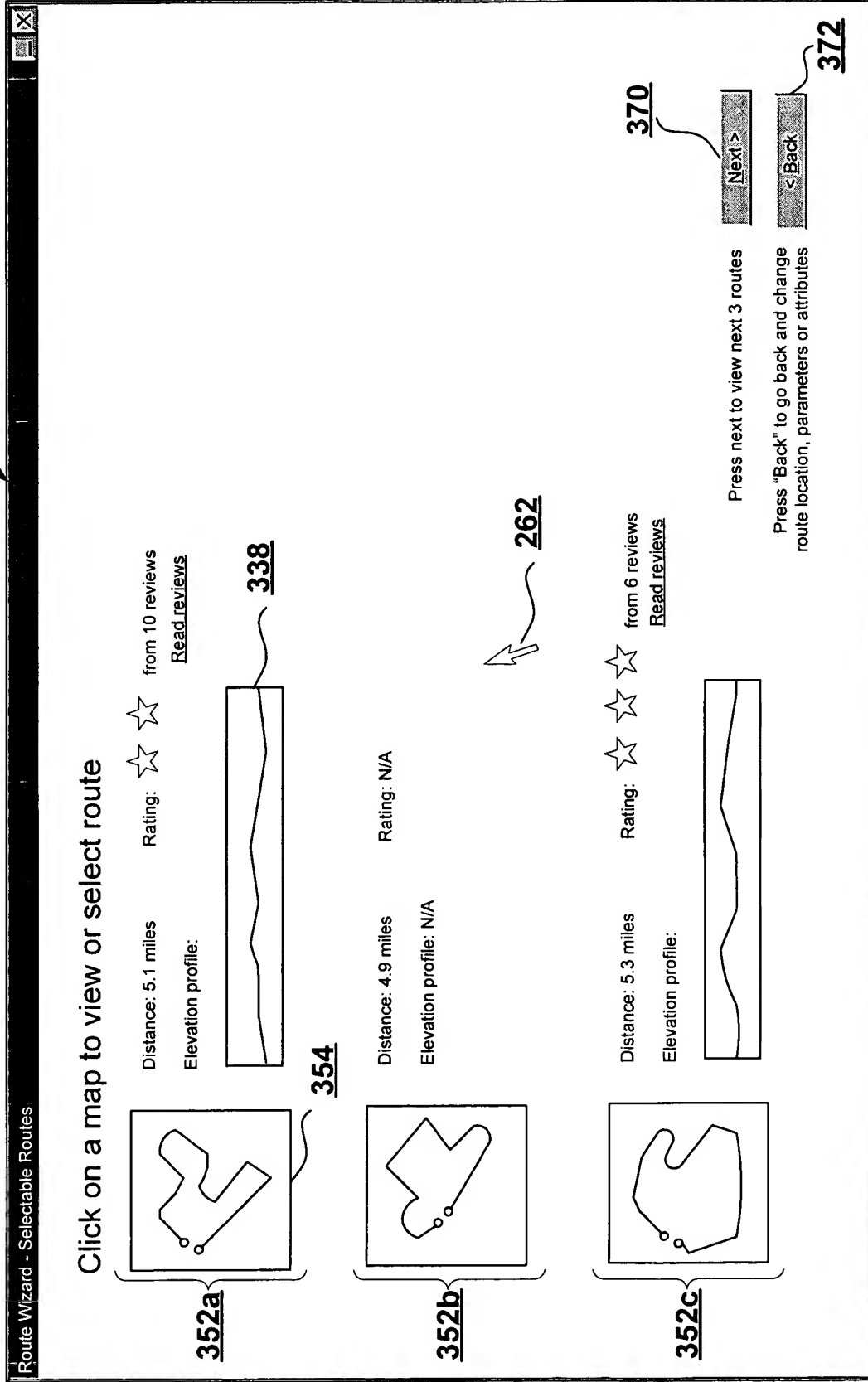


Figure 4E

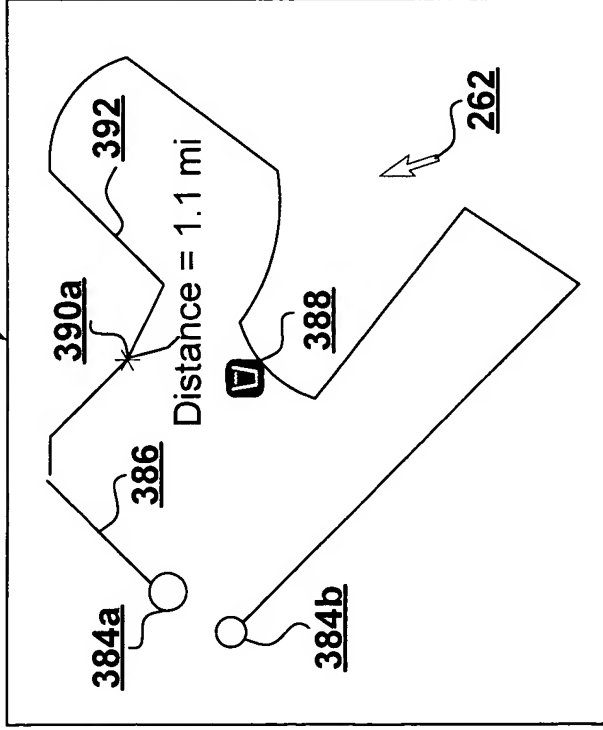
380

Route Wizard - Route Detail and Scheduling

382

394

Distance: 5.1 miles



Elevation profile:



Rating: ☆ ☆ from 10 reviews

400

Read next review

404

402

This route is my base mileage route with a few hills and nice trees. There is a water fountain at about the half way point.

406

Click on a day to schedule and upload route

←		June 2004							→		
S	M	T	W	T	F	S					
		1	2	3	4	5					
6	7	8	9	10	11	12					
13	14	15	16	17	18	19					
20	21	22	23	24	25	26					
27	28	29	30								

Figure 4F

061512.000004
1/13

420

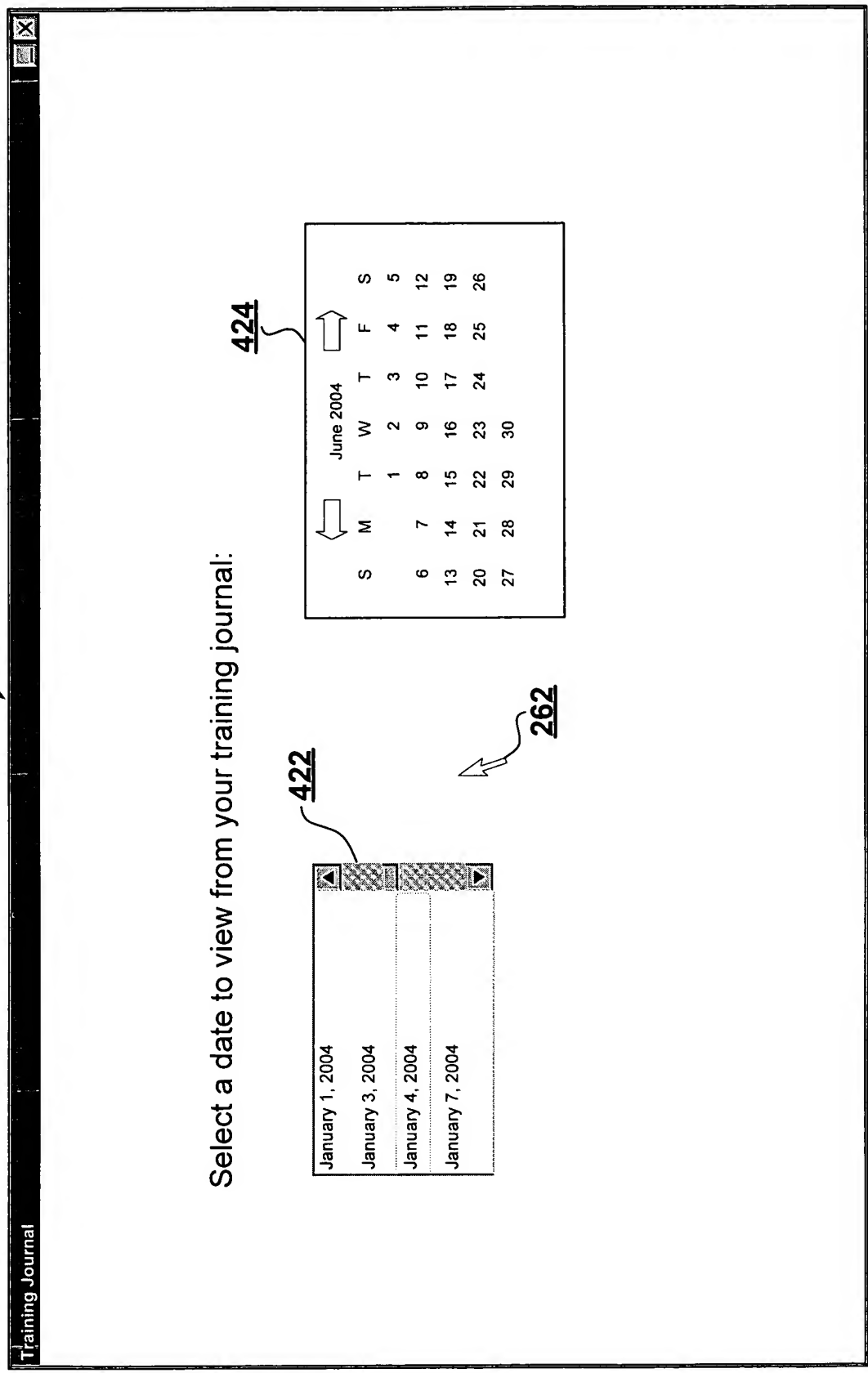


Figure 5A

10/759,289

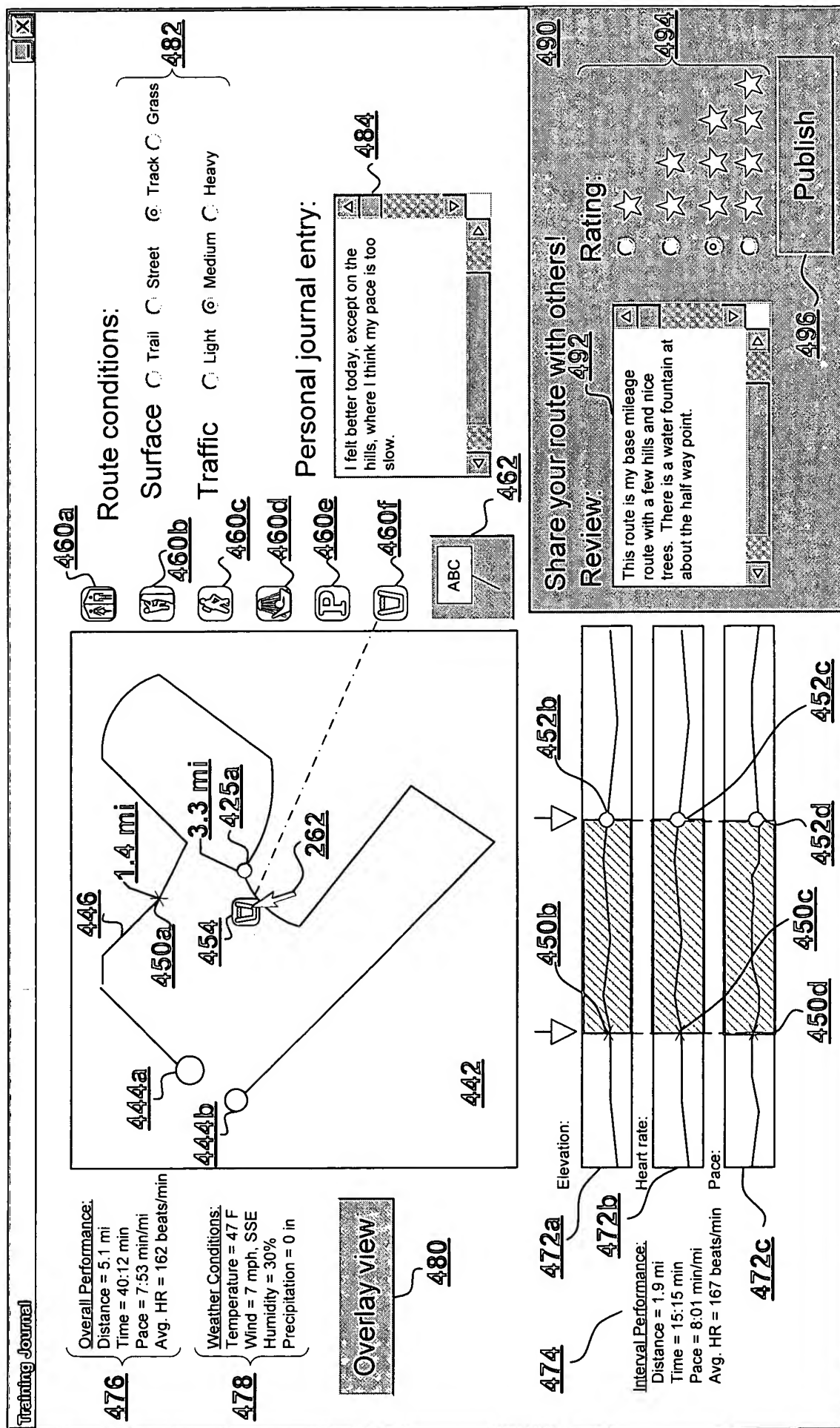


Figure 5B

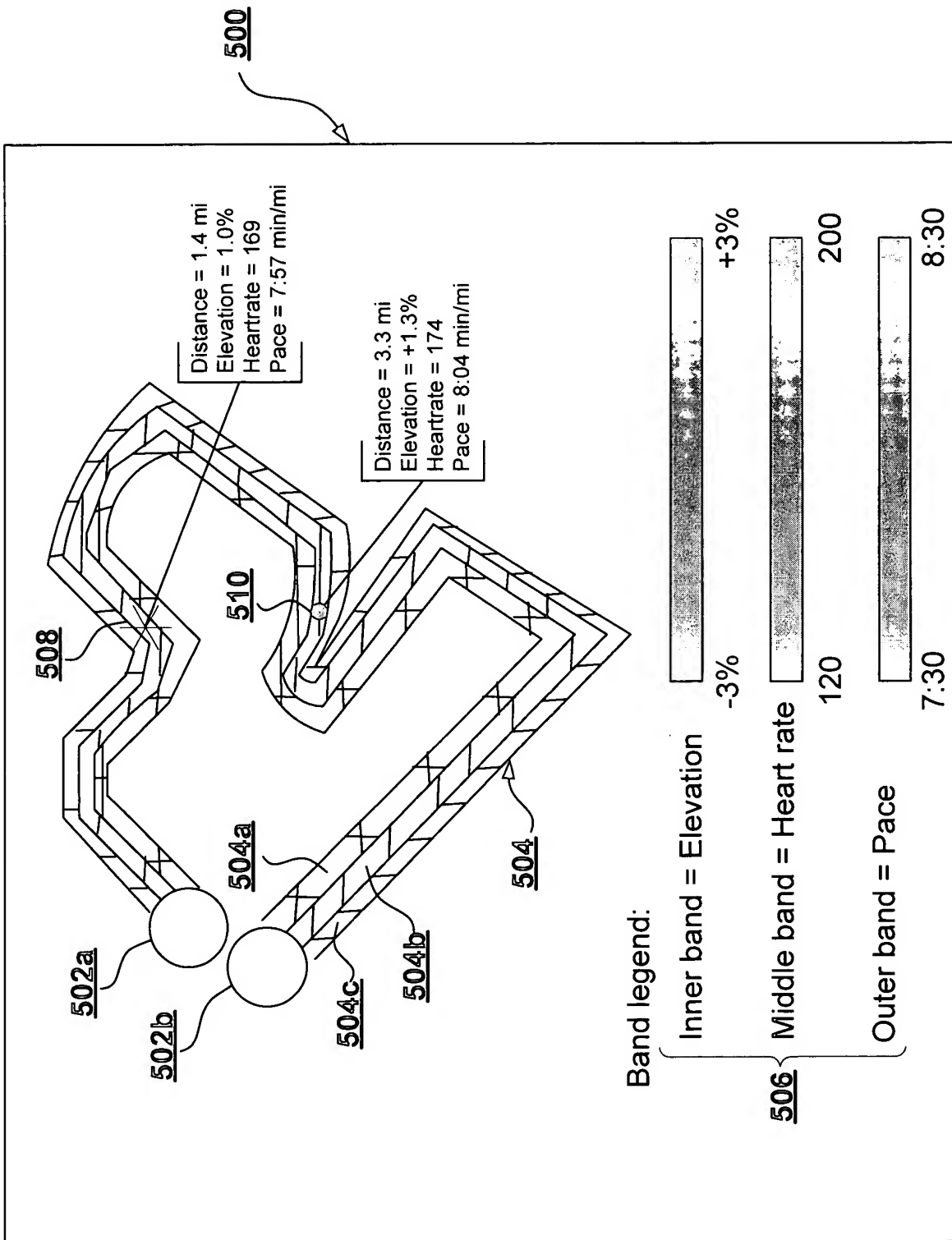


Figure 5C